



INDIVIDUAL SALAD BOXES

Sambal Honey & Soy Tofu, Charred Broccoli, Miso Sesame Noodles,
Cucumber, Thai Chili, Roasted Cashews

Roasted Balsamic Portobello, Arugula, Shaved Heirloom Radishes, Cherry
Tomatoes, Shaved Smoked Gouda

Katsu Chicken, Coconut Peanut Salad, Cucumber, Iceberg Lettuce, Julienne
Pickled Carrots, Fresh Coriander, Baby Spinach, Bean Sprouts

Thyme Grilled Chicken And Panzanella Style Salad
Roasted Squash & Roasted Heirloom Carrot, Organic Beets, Local Goat
Cheese, Pumpkin Seeds & Torn Bread

Ras El Hanout Beef, Tabbouleh, Shredded Cabbage, Pickled Vegetables,
Hummus, Tahini Drizzle And Hot Sauce

Garlic Ginger Shrimp, Black Bean, Roasted Onion, Squash, Spinach, Avocado
Lime Cream, Cilantro

PREMIUM LUNCH BOXES

A

Pickled Honey Gold And Strike Beans /Local Feta/Toasted Pine Nuts /
Brown Butter Dressing
Hand Made Chickpea And Fava Bean Falafel Balls
Roasted Chickpeas/Heirloom Tomatoes/Bradford Bay Radish
Marinated Mediterranean Olives
Cucumber Yoghurt
Fresh Made Pita
Acqua's Handmade Churros, Dulce De Leche

B

Pickled Holland Marsh Vegetables/Yuzu Dressing
Local Baby Lettuces, Pea Shoots, Toasted Pumpkin Seeds, Aged Sherry
Vinegar And Olive Oil
Persian Chicken/Turkish Cucumber Salad
Sourdough Dinner Roll
Acqua's Handmade Churros, Dulce De Leche

C

Baby Arugula/St George Cheese/Roasted Summer Squash/Caramelized
Local Apricot
Nova Scotia Hot Smoked Salmon /Anchovy Heirloom Tomato Vinaigrette
Ham Hock & Parsley Terrine/Yukon Chips/Pickled Onions & Branston
Potato Rosemary Ciabatta
Mini White Chocolate Pot De Crème/Salted Oatmeal Cookie Crumble

D

Spicy Korean Deviled Eggs
"Kfc" - Korean Fried Cauliflower/Rocket Lettuce/Fred's Bread Brioche
Croutons
Grilled Northern Coldwater Shrimp / Gochujang /Japanese Mayo
Vietnamese Baguette
Mini Pistachio Matcha Raspberry Mille-Feuille

E

Heritage Beets/Paris Island Cos/Truffled Fresh Cheese
Acqua's Cherry Wood Smoked Muskoka Trout/Avocado Crème Fraiche/
Watercress/Lemon Agave Dressing
Selection Of Local Cheeses & Acqua's Charcuterie
Multigrain Baguette
Niagara Stone Fruit And Lemon Verrine

INDIVIDUAL SANDWICH BOXED LUNCH

Salads (Select 1)

Orzo Pasta, Sweet Peas, Grilled Onions, Feta, Mint
Quinoa, Black Bean, Charred Corn, Edamame, Roasted Onion And Cilantro
Couscous, Grapes, Dried Apricots, Almonds, Onions, Herbs
Fusilli Pasta, Roasted Sweet Peppers, Vine Ripened Tomatoes, Fresh Herb
Pesto And Extra Virgin Olive Oil
Chickpea, Cucumber And Onion Salad With Lemon And Coriander

Sandwich Types (Select 1-5)

Cherry Wood Smoked Salmon, Shaved Onion, Caper Cream Cheese And
Arugula

Fresh Roasted Breast Of Turkey, Basil Aioli

Black Forest Ham And Triple Cream Brie

Grilled Chicken Breast "Club", Crispy Pancetta, Tomato And Baby Lettuces

Slow Roasted Black Angus Beef, Dijon, Arugula And Caramelized Onion
Aioli

Provençal Tuna Salad With Marinated Artichokes Niçoise Olives, Roasted
Red Peppers And Sliced Hard Boiled Egg

Classic Egg Salad With Celery, Scallions And Mayo

Bbq Chicken Banh Mi, Pate, Pickled Veg And Coriander

Salmon Rillettes On French Baguette, Dill, Chive, Quick Pickled Cucumber,
Mayo

Roasted Pork Loin, Roasted Sweet Peppers, Havar And Bomba Aioli

Roasted Squash, Peppers, Sautéed Onion, Goat Cheese And Avocado Aioli

Curried Chicken Salad, Sultanas, Green Onions And Sunflower Seeds

Dessert

A Piece Of Whole Fruit
A Cookie

Contact us for your custom menu request: Orders@Acqua.ca